Cape Henlopen State Park

Legend
- State Park Land
- Wooded Park Land
- Water
- Restricted Area
- Seasonal Closure (March 1 to Sept 1)
- Parking Area
- Building
- Municipalities
- Roads
- Jetties
- Parking
- Information
- Restrooms
- Shower/Bath House
- Food Concession
- Picnic Pavilion
- Recycling
- Dump Station
- Tent Station
- Primitive Youth Camp
- Cabins
- Amphitheater
- Air Pumping Station
- Surf Fishing
- Fishing Pier
- Bike Repair Station
- Observation Tower
- Kayak Rental
- Umbrella Rental
- Swimming Area (Guarded Beach)
- Trail Head
- Playground
- Disk Golf
- Basketball Courts
- Scenic Overlook
- WWII Artillery Site
- Hawk Watch
- Horseback Riding (Seasonal)
- Lighthouse

Trails and Permitted Uses
- Bike Loop (3.3mi.)
- Pinelands Nature Trail (1.4mi.)
- Seaside Nature Trail (0.7mi.)
- Salt Marsh Spur (1.2mi.)
- Walking Dunes Trail (2.6mi.)
- Gordons Pond Trail (3.2mi.)
- American Discovery Trail (ADT)
- Lewes-Georgetown-Cape Henlopen Rail Trail
- Share the Road
- Connector Trail
- Pedestrian Beach Crossing
- Beach Vehicle Crossing

Trail Descriptions

Bike Loop
- Trail Width: Avg 10 Feet Min 6 Feet
- Surface Type: Asphalt
- Trail Grade: Avg 1% Max 15%
- Accessible: Yes

Linking the park office, nature center, campground, beach bathouse, observation tower, and Fort Miles Historic Area, the Bike Loop provides a full experience of the park. Visitors can also explore one of the side trails leading to the fishing pier and kayak rental, or check out the dune overlook - resting atop a former military bunker.

Pinelands Nature Trail
- Trail Width: Avg 4 Feet Min 3 Feet
- Surface Type: Sand
- Trail Grade: Avg 1% Max 6%
- Accessible: No

This 1.4 mile long trail meanders through coastal upland pine forest over packed and loose sand. Nature enthusiasts will discover four species of pine trees including loblolly, Virginia, pitch, and black pine while passing cranberry bogs along the way. Visitors will also see old artillery bunkers built during World War II in an area once traversed by rails used to re-supply Fort Miles. Designated in 1981, the Pinelands Trail has the unique distinction of being Delaware’s first National Recreation Trail.

Seaside Nature Trail
- Trail Width: Avg 9 Feet Min 6 Feet
- Surface Type: Loose Sand
- Trail Grade: Avg 1% Max 2%
- Accessible: No

This flat, loose sandy surface trail offers a glimpse of a coastal pine forest and views of the Delaware Bay, Inner Breakwater, fishing pier, and the Henlopen Lighthouse.

Walking Dunes Trail
- Trail Width: Avg 7 Feet Min 6 Feet
- Surface Type: Crushed Stone
- Trail Grade: Avg 2% Max 14%
- Accessible: No

The trail passes through wooded uplands and traverses tidal marsh before terminating at The Great Dune. In late spring, look for blooming Pink Lady’s-slipper along the trail and for Beach heather, with its abundant tiny yellow flowers growing on the Great Dune. Nature enthusiasts will also enjoy views of the tidal marsh and the many birding opportunities.

Contact Information
15099 Cape Henlopen Dr., Lewes, DE 19958
Park Office: (302) 645-8983
Campground Office: (302) 645-2103 Nature Center: (302) 645-6852
Campground Reservations: 1-877-98-PARKS
www.destateparks.com

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